

GREETINGS FROM FR. SCOTT March 9, 2014 First Sunday in Lent

Many of you probably do not know that sins can be forgiven right here during Mass. They are forgiven during the Penitential Act. When the priest says, "Brothers and Sisters let us acknowledge our sins and so prepare ourselves for the Sacred Mysteries," there should be a short pause afterward. At this time we offer up our venial sins.

Here is how we distinguish between a venial sin that can be forgiven during the Penitential Act and mortal sins that we need to confess during the Sacrament of Reconciliation.

Our Catechism does not have a list of sins that are venial and mortal. It leaves sin up to the individual to determine the gravity of the action. Our Catechism does, however, give us some guidelines. Here are a few ways to determine if a sin is venial (can be absolved during the Penitential Act) or Grave (requires confession).

- Example 1: 1.You did not plan to say that cuss word, it just happened (Venial).
 2.You plan to cuss the boss out the next time you see him (Confession).
- Example 2: 1.Not planning to take a pen from work and lying about it (Venial).
 2.Planning to steal a pen from work and lying about it (Confession)
- Example 3: 1.The sin was unplanned and was not a Commandment (Venial)
 2.The sin was one of the 10 commandments (Confession).

In reality, any sin could be a mortal sin that needs to be confessed during the Sacrament of Reconciliation. However, things like accidentally telling white lies, catching yourself gossiping and stopping, and swearing without planning to are probably considered venial sins. Also, ask yourself, and be honest, is this a grave problem? Is the sin really bothering me? If the answer is no, then consider it a venial sin and offer it up during the Penitential Act. If the sin does make you feel bad, then go to confession.

Our Catechism says, "Venial sin allows charity and love to exist, even though it offends and wounds it. Mortal sin destroys charity and love in the heart of people by a grave violation of God's law. It turns Man away from God by preferring an inferior good to him" (CCC 1855).

Mortal sin must be of a grave matter, for example, an offense against the 10 commandments. Mortal Sins are committed with full knowledge of how grave the sin is. It is done with deliberate consent, for example, you know it's wrong but you still do it.

The Gospel gives us a great lesson about sin. Focusing on ourselves leads to sin. When we focus on ourselves, the devil starts to win. The devil tempts Jesus several times. Every temptation tries to get Jesus to think only of himself. Jesus refused to put himself first and thus he was able to hear his calling from God and fulfill it. Here is our slogan for Lent: Say no to self and yes to God .

STEWARDSHIP

Mar.2 2014 \$6,337.15 Online \$720.00
 Last Year \$6,148.5 Online \$520.00

Daily Mass Readings

Monday Mar. 10

Lv 19:1-2,11-18 Ps 19:8-10,15 Mt 25:31-46

Tuesday Mar. 11

Is 55:10-11 Ps 34:4-7,16 –19 Mt 6:7-15

Wednesday Mar. 12

Jon 3:1-10 Ps 51:3-4,12-13 Lk 11:29-32

Thursday Mar. 13

Est C 12,14-16 Ps 138:13,7c-8 Mt 7:7-12

Friday Mar. 14

Ez 18:21-28 Ps 130:1-8 Mt 5:20-26

MASS INTENTIONS

Saturday	Mar. 8
5:00pm	For the People of the Prish
Sunday	Mar. 9
9:00am	Intention of Tom Kilroy
11:30am	+ David Adkins
Monday	Mar.10
9:00am	
Tuesday	Mar. 11
9:00am	
Wednesday	Mar.12
9:00am	
Thursday	Mar. 13
9:00am	
Friday	Mar.14
9:00am	



FAITH FORMATION

Faith Formation and Confirmation meet on Sundays. Classes will not meet during Spring Break March 9 & 16. Classes resume March 22.

CONFIRMATION CLASSES

The second year class meets in the All Saints Center at 1pm. The New Confirmation class Candidates continue meetings with their sponsors. Their *Why Catholic?* groups resume in March with the same books for the final 6 chapters on prayer.

ADULT CONFIRMATION—Mar 9

The 2nd class meets in the All Saints Center at 10am. This week's session is on the Creed.

1ST EUCHARIST

Classes meet on Saturday, March 8 at 3pm. No class March 15.

MIDDLE SCHOOL

GOOGLE QUESTION

Name 5 illustrious holy people canonized together in 1622.

WHY CATHOLIC? March 9

Prayer can take many forms: praise, adoration, petition, thanksgiving. Prayer can be silent, vocal, shared, or private. Sometimes prayer comes with great ease and other times it may be quite difficult. Join us as we explore Prayer this Lent.

ACYC

Alaska Catholic Youth Conference will be June 2-5. Early registration ends May 1—\$75. After May 1—\$90. ACYE is sponsored by the Archdiocese of Anchorage and the Alaska Conference of Bishops.

OUR LADY OF THE VALLEY

CATHOLIC SCHOOL



Our Lady of the Valley Catholic School

"Breakfast at Tiffany's"

The 7th Annual Dinner Auction is on Saturday, March 29th at the Menard Sports Complex in Wasilla. Doors open at 5:30. Tickets are \$50 21 and older. Limited amount of tickets are available. No tickets sold at the door. Delicious Prime Rib dinner, appetizers, beer and wine cash bar, live entertainment, DJ, silent and live auction items: Alaska Railroad trip for 4, Day Spa package, Argentina Dove hunt, Art work, Weekend RV rental, etc. plus games and more! We are accepting donations and a tax deductible receipt will be given. Please call or stop by the office. 376-0883



COMING EVENTS

MARCH

- 9 Day Light Savings begins—move time forward
RCIA Rite of Sending
Adult Confirmation II 10am All Saints Building
- 10 Contemplative Prayer 6:30pm
- 13 Rosary 7:00pm
- 14 Homeschool group 9am
Soup & Stations Knights hosting 6pm
- 16 Adult Confirmation III 10am All Saints Building
2nd Collection: Peter's Pence, Africa, Latin America, and Catholic Relief Services
- 17 Contemplative Prayer 6:30pm
- 20 Rosary 7:00pm
- 25 ACTS Core team 6:30—8pm Open to public

Doughnuts are not served during Lent.

CATHOLIC SOCIAL SERVICES BABY BOUTIQUE

Babies and toddlers need new and gently used hooded sweatshirts, hats, mittens, sweatpants, coats, snowsuits, and jackets. One piece t-shirts and diapers in all sizes are always in demand. A collection basket is in the social hall.



FAMILY PROMISE

Family Promise will be hosting families during the week of March 16. Sacred Heart needs volunteers in many areas. Please contact Gini King-Taylor or Judith Akrep 373-3852.

FOOD BANK NEEDS

Peanut Butter, Jelly, Rice, Pasta, Sugar, Flour, Tomato Sauce, Oats, Powder/Can Milk

357-3769

OPERATION RICE BOWL

Download the Rice Bowl app from iTunes for daily reflections, meatless recipes, stories, and videos. Track your sacrifice goal.

SERVICE COLLECTIONS—Worship Locally . . . Give Globally

The Service Collection next weekend benefits Peter's Pence, CRS, the Church in Africa, and the Church in Latin America. A gift to Peter's Pence unites us to become agents of aid, emergency assistance worldwide. Catholic Relief Services provides shelter, water, sanitation, food, education, and humanitarian aid. Our donations support the work of the Church – schools, education, faith formation for lay leaders and religious – throughout Latin America and Africa. Please prayerfully consider what you might contribute to these special collections. Thank you!