

## GREETINGS FROM FR. SCOTT March 2, 2014 Eighth Sunday in Ordinary Time

**WORRY AND FLYING:** I tend to worry a lot, which leads to stress. When flying in Bristol Bay, I worried about, wind, muddy air strips, instrument failure, forgetting to switch my gas tank, little things like that. To combat worry, I have read several books, developed helpful mottos, and relied on scripture.

**WORRY AND BOOKS:** I read one book that said to think of your thoughts inside of a box. Don't let your thoughts go out of the box to the past or to the future. Inside the box is the present. To think outside the box leads to worry and stress.

**WORRY AND MOTTOS:** One motto I use is "99% of the things we worry about never happen." My brother Skip, who is going through rehab, taught me this, "Don't future trip." When someone asks me how I am, I sometime reply, "Today is the best day of my life, because it is the only day." Yesterday is gone and we really don't know what will happen tomorrow, so today is the best. It helps to focus my thoughts on "today" and what I can do best to serve God in the present.

**WORRY AND SCRIPTURE:** In the first reading Isaiah tells us not to worry because God will never forget us: similar to a mother never being able to forget her infant.

The second reading from Corinthians tells us not to judge others. Judging comes from worrying about another's actions. We judge others because we are lonely, insecure, or scared. Judging makes us feel bad and it only hurts ourselves. It leads to stereotyping, and puts negativity into our world. If you want to stop judging others, then monitor your thoughts, look for the positive, avoid stereotyping, and stop judging yourself. Saint Paul tells us, "God will bring to light what is hidden in darkness." In other words, don't worry about others, it is God's job to judge.

The Gospel asks us, "Can any of you by worrying add a single moment to your life span? No matter how busy a bird is gathering twigs for their nest, feeding their young; no matter what their struggles are with the wind, rain, snow, or ice, Jesus tells us that our Heavenly Father cares for them and feeds them. Jesus then says, 'ARE YOU NOT MORE IMPORTANT THAN THEY!'" Saint Matthew tells us that even the very hairs on our heads are numbered.

**WORRY AND POSSESSIONS:** Worry comes from managing our material possessions. Will we have enough money for food? Will we be able to retire with enough money to live? Will we have enough money to pay our bills?

**WORRY AND FLOWERS:** Jesus says, "Think of the flowers growing in the field. The flowers do not work and look how beautiful they are. Not even Solomon, in all his splendor, was clothed like them." If God provides for the flowers, won't he provide for you as well?

**CONCLUSION:** So, after the readings this week. Here is my conclusion , Stop worrying.

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### STEWARDSHIP

Feb.23 2014      \$5,253.05 Online \$520.00  
Last Year      \$6,226.25 Online \$840.00

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### Daily Mass Readings

#### **Monday Mar. 3**

1 Pt 1:3-9 Ps 111:1-2,5-6,9-10 Mk10:17-27

#### **Tuesday Mar. 4**

1 Pt 1:10-16 Ps 98:1-4 Mk 10:28-31

#### **Wednesday Mar. 5**

Jl 2:12-18 Ps 51:3-6b,12-14 2 Cor 5:20-6:2

#### **Thursday Mar. 6**

Dt 30:15-20 Ps 1:1-4,6 Lk 9:22-25

#### **Friday Mar. 7**

Is 58:1-9a Ps 51:3-6a,18-19 Mt 9:14-15

### MASS INTENTIONS

#### **Saturday**

**Mar. 1**

5:00pm

+ Olga DeKreon

#### **Sunday**

**Mar. 2**

9:00am

For the People of the Parish

11:30am

+ Joyce Wuerpel

#### **Monday**

**Mar.3**

9:00am

#### **Tuesday**

**Mar. 4**

9:00am

#### **Wednesday**

**Mar.5**

9:00am

#### **Thursday**

**Mar. 6**

9:00am

#### **Friday**

**Mar.7**

9:00am



## FAITH FORMATION

Faith Formation and Confirmation meet on Sundays.

Classes will not meet during Spring Break March 9 & 16. Classes resume March 22.

## CONFIRMATION CLASSES

The second year class meets in the All Saints Center at 1pm.

The New Confirmation class Candidates continue meetings with their sponsors. Their *Why Catholic?* groups resume in March with the same books for the final 6 chapters on prayer.

## 1ST EUCHARIST

Classes meet on Saturday at 3pm.

## MIDDLE SCHOOL GOOGLE QUESTION

St. Casimir was a prince and heir apparent to what throne?

## WHY CATHOLIC? March 2

Prayer can take many forms: praise, adoration, petition, thanksgiving. Prayer can be silent, vocal, shared, or private. Sometimes prayer comes with great ease and other times it may be quite difficult. Join us as we explore Prayer this Lent.

## ACYC

Alaska Catholic Youth Conference will be June 2-5. Catholic students from Alaska gather for workshops, liturgies, projects, activities, and music concerts.

ACYE is sponsored by the Archdiocese of Anchorage and the Alaska Conference of Bishops.

## OUR LADY OF THE VALLEY CATHOLIC SCHOOL



Our Lady of the Valley Catholic School

## "Breakfast at Tiffany's"

OLV's 7th Annual Gala Dinner Auction is on March 29, 2014, at the Menard Sports Complex. Doors open at 5:30pm. Tickets are \$50/person, 21 and older. Reserved Table levels are Platinum, Gold and Silver. Call Karen at 376-0883

## OPERATION RICE BOWL 2014

Download the Rice Bowl app from iTunes for daily reflections, meatless recipes, stories and videos. Track your sacrifice goal.



## COMING EVENTS

### MARCH

- 2 Adult Confirmation I 10am All Saints Building
  - Middle School Sandwich making for Br. Francis
  - 5 Ash Wednesday 9am & 5:30pm—Lent begins
  - 7 Soup & Stations Middle School hosting 6pm
  - 9 Day Light Savings begins—move time forward
  - RCIA Rite of Sending
  - Adult Confirmation II 10am
  - 7 Soup & Stations Knights hosting 6pm
  - 16 Adult Confirmation III 10am
- Doughnuts will not be served during Lent  
2nd Collection: Peter's Pence, Africa, Latin America, and Catholic Relief Services

### MEN'S ACTS RETREAT—MARCH 6-9

Spend a special weekend with God. For information call Bobbie Ackley 376-0930.

### CATHOLIC SOCIAL SERVICES BABY BOUTIQUE

Babies and toddlers need new and gently used hooded sweatshirts, hats, mittens, sweatpants, coats, snowsuits, and jackets. One piece t-shirts and diapers in all sizes are always in demand. A collection basket is in the social hall.



### FAMILY PROMISE

Family Promise will be hosting families during the week of March 16. Sacred Heart needs volunteers in many areas. Please contact Gini King-Taylor or Judith Akrep 373-3852.

### PALM COLLECTION

Palms are being collected to burn for Ash Wednesday. Please leave them in the basket in the Atrium.

### FOOD BANK NEEDS

Peanut Butter, Jelly,  
Rice, Pasta, Sugar,  
Flour, Tomato  
Sauce, Oats, Powder/Can Milk

357-3769

### LENT 2014

The Little Black Book and Rice Bowls will be available on Ash Wednesday.

### SAFETY AND SECURITY

Children must be accompanied to the rest rooms by an adult and supervised on the playground. Due to meetings, children cannot run and scream in the halls

### SACRED HEART OUTREACH

Thanks to the Pastoral Council and the generosity of our parishioners has provided outreach funds to support: Sacred Heart sends annual support to MyHouse, Family Promise, Nugen's Ranch, Alaska Fisher House, Cross Catholic, City Christmas Dinner, Compassionate Friends of Mat-Su.