

GREETINGS FROM FR. SCOTT

In today's Gospel the people from Jesus' hometown of Nazareth knew Jesus as a simple carpenter. No one wanted to believe that Jesus rose so far above them because they were blinded by the sin of envy. The word envy is similar to the meaning of covet. The 10th commandment states, "Thou shall not covet thy neighbor's goods."

Envy is a capital sin and refers to the unhappiness, sadness, or grief at the sight of another's goods. Envy is an excessive desire to acquire the goods of another for oneself, even unjustly. Envy that wishes grave harm to a neighbor is a mortal sin. It was Envy that caused Cain to Murder Abel. The killing became the first murder in our human history.

Have you ever been envious of another? I sometime envy people who I perceive as being smarter than me. I remember a very smart person I knew when I was going to college. I always wanted to be that smart and it distressed me that I was not. I started noticing ways that he messed up. Internally I thought, wow, you are so smart and yet you do something so stupid.

Envy is not Jealousy. Jealousy refers to our protective attitude toward a good that we already possess. For example, we fear someone will deprive us of our girlfriend. Envy involves distress. For example, I am distressed that I don't have the ability to play football like you do.

St. Augustine saw envy as "the diabolical sin." He stated, "From envy are born hatred, detraction, lies, joy caused by the misfortune of a neighbor, and displeasure caused by his prosperity." Galatians tells us that envious people cannot enter the Kingdom of God. Here are a few ways to fight off envy:

First, struggle against envy by exercising good will, i.e. be kind and compliment others.

Second, train yourself to stop complaining. Whining about something you perceive as not being fair stems from envy.

Third, live in humility. If you need to compare yourself to others, compare yourself with those less fortunate, rather than those more fortunate.

Fourth, be honest. Honesty before others and the Lord will overcome envy because envy is usually secretive.

Fifth, love in your neighbor the virtues you do not find in yourself. Help your neighbor with the God given gifts you possess. In turn, your neighbor will help you with his or her gifts.

Sixth, cultivate charity. Charity is the attitude of caring and love, which fosters friendship. Fostering friendship drives out envy. Growth in charity, love, and kindness is, above all, something we must seek from God in prayer.

Proverbs says, "A tranquil mind gives life to the flesh, but envy makes the bones rot." Do you want to conquer envy? John Chrysostom tells us, "Rejoice in your brother's progress and you will immediately give glory to God."

STEWARDSHIP

July 1,2012	\$5,663.53
Last Year	\$6,461.80
Online Giving	\$320.00
Eastern Europe	\$175.00
Property Improvement	\$1,119.15

Daily Mass Readings

Monday July 9

Hos 2:16,17b-18,21-22 Ps 145:2-9 Mt 9:18 -26

Tuesday July 10

Hos 8:4-7,11-13 Ps 115:3-10 Mt 9:32-38

Wednesday July 11

Hos 10:1-3,7-8,12 Ps 105:2-7 Mt 10:1-7

Thursday July 12

Hos 11:1-4,8c-9 Ps 80:2-3,15-16 Mt 10:7-15

Friday July 13

Hos 14:2-10 Ps 51:3-4,8-9,12-14,17 Mt 10:16-23

MASS INTENTIONS

Saturday	July 7
5:00pm	
Sunday	July 8
9:00am	For the People of the Parish
11:30am	+Lillian Scott
Monday	July 9
9:00am	
Tuesday	July 10
9:00am	
Wednesday	July 11
9:00am	Patricia Peterson
Thursday	July 12
9:00am	+ Shan Satterfield
Friday	July 13



FAITH FORMATION

Registration for the 2012-2013 Faith Formation Classes will be available in August. Students entering 9th grade are eligible to register for Confirmation. Students entering 2nd grade are eligible to enter 1st Reconciliation and 1st Eucharist classes. Students must also register in the regular Sunday School program.

RCIA INQUIRY

Are you interested in learning about the Catholic Church or becoming Catholic? Inquiry sessions are for you. This is a time to learn about the what the Church believes and teaches in an informal setting. Join us on July 8, 22, August 12 & 26 at 1pm in the family room. Please call Jenny at 907-297-7729 or email jmichaelson@caa-ak.org or the parish office @ 376-5087.

COMING EVENTS

JULY

- 9 Centering Prayer 6:30pm
- 12 Rosary 7pm
- 13 Adoration 10am-2pm
- 16 Centering Prayer 6:30pm
- 19 Rosary 7pm
- 20 Adoration 10am-2pm
- 23 Centering Prayer 6:30pm
- 26 Rosary 7pm
- 27 Adoration 10am-2pm
- 28 OLV Picnic
- 30 Centering Prayer 6:30pm

JULY—AUGUST MINISTRY LIST

Please check the ministry lists on the bulletin board and arrange for a sub if you are not able to serve on the assigned weekend. Thank you.

FOOD PANTRY

Items needed at the pantry:
flour, sugar
all kinds of baby food
cereal, oatmeal
grocery bags

357-3769

ONE BREAD ONE BODY

Thank you for your generous support of *One Bread One Body*. Sacred Heart's participation has been the best ever!! So far we have contributed \$33,478.33 towards our goal of \$49,355. Our faith community is part of helping children and adults throughout our archdiocese. It is not too late to pledge: please contact the office or www.archdioceseofanchorage.org/ donate You can also go to the parish website.

VENTURING CREW

Venture crew - group of teens and young adults looking for outdoor excitement - meets the first Monday of the month (August 6) at 7 pm in the social hall. Call Ed at 357-7029 if you want more information or come to the meeting!



OUR LADY OF THE VALLEY CATHOLIC SCHOOL

OLV is now enrolling for the 2012-2013 school year in grades K-8. Please stop at the OLV office in the St. Jude Center or call 376-0883 for information. Enrollment packets are available.

We need some help painting the classroom center in the St. Jude Center. If you have a couple of hours this month, please contact Karen at 232-6416 or 376-0883

Are you thinking about Catholic school for your student? Unique to Catholic schools is the opportunity to nurture spiritual and moral values within the students. This occurs and is constantly reinforced not only in classes of religious instruction but throughout the curriculum and extracurricular activities. The Gospel message is taught in our classes every day.

Covenant House Alaska

Matching Funds Opportunity

Shell Exploration recently contacted Covenant House about matching funds and has to match up to \$25,000.00. This past winter Covenant House Alaska served more than 1,300 homeless youth. Please join Shell and Covenant House Alaska in believing that all kids deserve to be loved and nurtured and safe from the streets. You may donate on-line at www.covenanthouseak.org or by sending a check to Covenant House Alaska indicating "Shell Matching Gift Challenge" to P.O. Box 100620, Anchorage, AK 99510-0620. You can also contact Deirdre Cronin, CHA Executive Director at 339-4202

Covenant House also needs a crib as soon as possible for a young mother.

Collection for Church in Central and Eastern Europe & Magadan

Thank your for your generous support of Fr. Mike Shields' work in Magadan and the other struggling parishes in Central and Eastern Europe. The collection raised \$2,174.25.